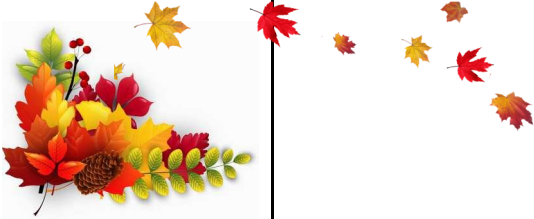





# NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is served Monday - Friday 11:30 a.m. - 12:30 p.m. Suggested Donation \$3.00</p>	<p>Nutrition Manager FSA Foundation (951) 342-3057</p>			<p>Chicken Enchilada 1 Casserole Spanish Brown Rice Pinto Beans Zucchini Jell-O</p>
<p>Breakfast Casserole 4 W / Ham Hash Browns Yogurt Biscuit Orange Juice</p>	<p>Chicken Cacciatore 5 Herbed Spaghetti Succotash Tropical Fruit Whole Wheat Bread</p>	<p>Sloppy Joes 6 On A Whole Wheat Bun Green Salad Broccoli Peaches</p>	<p>Chicken Tagine 7 Couscous Green Beans Pineapple &amp; Oranges</p>	<p>Philly Cheese Steak 8 Spinach Mashed Potatoes Winter Veggies Fresh Apple Pudding</p>
<p>Center is Closed 11</p>  <p><b>VETERANS DAY</b></p>	<p>Vegetable Lasagna 12 Green Salad Peas Orange Whole Wheat Bread</p>	<p>Chicken Salad 13 Sandwich on Whole Wheat Bread Cauliflower &amp; Broccoli Salad Mandarin Oranges</p>	<p>Penne Marinara 14 Spinach Pineapple Tidbits Whole Wheat Bread Cookie</p>	<p>Beef Tips 15 W / Mushroom Gravy Red Potatoes Winter Veggies Banana Wheat Bread</p>
<p>Herbed Fish 18 W / Tomatoes Cold Spinach &amp; Beet Salad Pineapple Tidbits Cornbread</p>	<p>Pork Loin 19 W / Gravy Roasted Red Potatoes Peas Jell-O Whole Wheat Bread</p>	<p>Chicken Taco Salad 20 Pinto Beans Corn &amp; Bell Peppers Tropical Fruit Flour Tortilla</p>	<p>Turkey 21 W / Stuffing Mashed Potatoes, Yams Green Beans, Dinner Roll Cranberry Sauce Pumpkin Pie</p>	<p>Beef Stew 22 Spinach Mandarin Oranges Whole Wheat Roll</p>
<p>Macaroni &amp; Beef 25 Mixed Veggies Fruit Cocktail Whole Wheat Bread</p>	<p>Broccoli Chicken 26 Casserole Peas Pineapple Tidbits Whole Wheat Bread</p>	<p>Swedish Meatballs 27 Herbed Noodles Cauliflower Peaches</p>	<p>Center is Closed 28 Happy Thanksgiving</p> 	<p>Center is Closed 29</p> 

Menu is subject  
to change

Funding for this service has been provided by the San Bernardino County Department of Aging and Adult Services through a grant award from the Department of Aging.



Dinner served @ 5:00

Movie starts @ 5:30

**Tuesday 11/5**

**#19943**

Earl Stone, a man in his 80s who is broke, alone, and facing foreclosure of his business when he is offered a job that simply requires him to drive. Easy enough, but, unbeknownst to Earl, he's just signed on as a drug courier for a Mexican cartel.

**The Mule**

**Rated R**



# November Senior Cinema



**Nov 6: Yesterday**

PG-13 - Some material may be inappropriate for children under 13

While he's still looking for his big break, musician Jack Malik gets hit by a bus during a global blackout. But when he wakes up to find he's the lone person on Earth who knows of the Beatles and their songbook, Jack has a huge chance at stardom.



**Nov 13: Fighting with My Family**

PG-13 - Some material may be inappropriate for children under 13.

Born into a tight-knit wrestling family, Paige and her brother Zak are ecstatic when they get the once-in-a-lifetime opportunity to try out for WWE. But when only Paige earns a spot in the competitive training program, she must leave her family and face this new, cut-throat world alone. Based on the incredible true story, this heartwarming comedy follows Paige as she proves that what makes her different is the very thing that can make her a star.



**Nov 20: The Upside**

PG-13 - Some material may be inappropriate for children under 13.

A recently paroled ex-convict, Dell, strikes up an unusual and unlikely friendship with a quadriplegic billionaire, Philip Lacasse. From worlds apart, Dell and Philip form an unlikely bond, bridging their differences and gaining invaluable wisdom in the process, giving each man a renewed sense of passion for all of life's possibilities.



**Nov 27: Isn't It Romantic**

PG-13 - Some material may be inappropriate for children under 13.

New York City architect Natalie works hard to get noticed at her job, but is more likely to be asked to deliver coffee and bagels than to design the city's next skyscraper. And if things weren't bad enough, Natalie, a lifelong cynic when it comes to love, has an encounter with a mugger that renders her unconscious, waking to discover that her life has suddenly become her worst nightmare — a romantic comedy — and she is the leading lady.