

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>every contribution is hugely valued</p> 	<p>1</p> <p>macaroni & beef mixed vegetables pineapple whole-wheat bread</p>	<p>2</p> <p>sweet & sour chicken brown rice cauliflower tropical fruit vanilla pudding</p>	<p>3</p> <p>egg salad sandwich on whole-wheat bread green salad mandarin oranges</p>	<p>4</p> <p>BBQ chicken brown rice wax beans tropical fruit</p>
<p>7</p> <p>turkey & cheese sandwich tomato soup carrot salad mandarin oranges</p>	<p>8</p> <p>Spanish roast beef Spanish rice spinach pears whole-wheat bread</p>	<p>9</p> <p>chicken taco salad pinto beans Mexican corn tropical fruit flour tortilla</p>	<p>10</p> <p>sweet & sour meat- balls egg noodles mixed vegetables diced peaches vanilla pudding</p>	<p>11</p> <p>Daryll's breaded fish w/tomatoes & herbs brown rice lima beans fresh apple</p>
<p>14</p> <p>meatloaf w/gravy red potatoes apple carrot casse- role pineapple whole-wheat bread</p>	<p>15</p> <p>lemon pepper chick- en scalloped potatoes broccoli tropical fruit, jell-o whole-wheat bread</p>	<p>16</p> <p>pork w/verde sauce white rice corn, zucchini, toma- to and red peppers peaches</p>	<p>17</p> <p>teriyaki chicken brown rice Brussels sprouts green salad fruit cocktail</p>	<p>18</p> <p>ham & cheddar cheese sandwich vegetable soup JoJo's broccoli salad watermelon or banana</p>
<p>21</p> <p>pepper steak herbed noodles green beans fresh orange whole-wheat bread</p>	<p>22</p> <p>beef fajitas pinto beans cauliflower apricots flour tortillas</p>	<p>23</p> <p>Hawaiian chicken salad on a bed of lettuce blanched baby car- rots tropical fruit, jell-o whole-wheat roll</p>	<p>24</p> <p>BBQ pork riblet mashed potatoes broccoli mandarin oranges whole-wheat bread</p>	<p>25</p> <p>tuna noodle casserole mixed vegetables pineapple tidbits whole-wheat bread orange juice</p>
<p>28</p> <p>ground beef tacos w/hard corn tortillas corn, zucchini and tomatoes pineapple tidbits</p>	<p>29</p> <p>hotdog on wheat bun garbanzo bean salad blanched carrot sticks coleslaw tropical fruit</p>	<p>30</p> <p>spaghetti w/meat sauce Brussels sprouts fresh apple garlic breadstick</p>	<p>31</p> <p>tuna salad sandwich tomato soup crackers blanched carrot sticks mandarin oranges sugar cookie</p>	

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Dinner and a Movie: Stan and Ollie

STAN & OLLIE

Oct 1 Tuesday #19942

Rated G

Stan & Ollie pays tribute to a pair of beloved entertainers with an affectionate look behind the scenes -- and a moving look at the burdens and blessings of a creative bond.

Dinner served @ 5:00

Movie starts @ 5:30



October Senior Cinema

Every Wednesday in David Dreier Hall at 1:30 pm



Oct 2: Mary Poppins Returns

2018 PG Fantasy/Adventure 2h 10m

Now an adult with three children, bank teller Michael Banks learns that his house will be repossessed in five days unless he can pay back a loan. His only hope is to find a missing certificate that shows proof of valuable shares that his father left him years earlier. Just as all seems lost, Michael and his sister receive the surprise of a lifetime when Mary Poppins -- the beloved nanny from their childhood -- arrives to save the day and take the Banks family on a magical, fun-filled adventure



Oct 9: Little

2019 PG-13 Fantasy/Romance 1h 49m

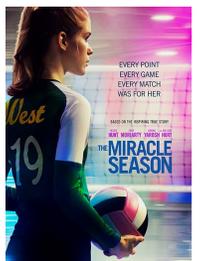
Jordan is a take-no-prisoners tech mogul who torments her long-suffering assistant, April, and the rest of her employees on a daily basis. She soon faces an unexpected threat to her personal life and career when she magically transforms into a 13-year-old version of herself right before a do-or-die presentation. Jordan will now need to rely on April more than ever -- if April is willing to stop treating Jordan like a 13-year-old child



Oct 16: Won't You Be My Neighbor?

2018 PG-13 Documentary 1h 34m

Won't You Be My Neighbor? takes an intimate look at America's favorite neighbor: Mister Fred Rogers. A portrait of a man whom we all think we know, this emotional and moving film takes us beyond the zip-up cardigans and the land of make-believe, and into the heart of a creative genius who inspired generations of children with compassion and limitless imagination.



Oct 23: The Miracle Season

2018 PG Sport/Drama 1hr 41m

Based on the inspiring true story of West High School girls' volleyball team. After the loss of the school's star player, Caroline "Line" Found, in an accident, the remaining team players must band together under the guidance of their tough-love coach in hope of winning the state championship



Oct 30: Fantastic Beasts: Crimes of Grindelwald

2018 PG-13 Drama/Fantasy 2h 13m

In effort to thwart Grindelwald's plans of raising pure-blood wizards to rule over all non-magical beings, Albus Dumbledore enlists his former student Newt Scamander, who agrees to help, unaware of the dangers that lie ahead. Lines are drawn as love and loyalty are tested, even among the truest friends and family, in an increasingly divided wizarding world.