

AUGUST 2019


Monday

Tuesday

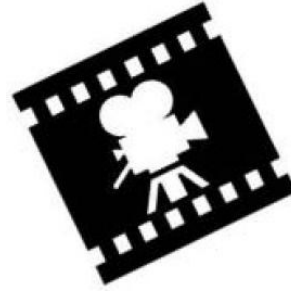
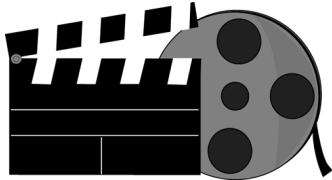
Wednesday

Thursday

Friday

			<p>1</p> <p>tuna salad sandwich tomato soup, crackers blanched carrot sticks mandarin oranges sugar cookie</p>	<p>2</p> <p>chicken enchilada casserole Spanish brown rice pinto beans, zucchini jell-o w/fruit cocktail</p>
<p>5</p> <p>breakfast casserole hash browns peaches orange juice biscuit</p>	<p>6</p> <p>chicken cacciatore herbed spaghetti succotash tropical fruit whole-wheat bread</p>	<p>7</p> <p>turkey breast w/gravy mashed potatoes broccoli diced peaches whole-wheat bread</p>	<p>8</p> <p>chicken tagine couscous green beans pineapple tidbits & mandarin oranges</p>	<p>9</p> <p>beef pot roast w/gravy spinach mashed potatoes, fresh apple mixed vegetables pudding w/pineapple</p>
<p>12</p> <p>meatloaf w/gravy mashed potatoes carrot coins jell-o w/fruit cocktail whole-wheat bread</p>	<p>13</p> <p>vegetable lasagna green salad peas fresh orange whole-wheat bread</p>	<p>14</p> <p>chicken salad sandwich on whole-wheat bread cauliflower & broccoli salad (New Recipe!) mandarin oranges</p>	<p>15</p> <p>penne marinara spinach pineapple tidbits cookie whole-wheat bread</p>	<p>16</p> <p>beef tips w/mushrooms & gravy red potatoes winter blend vegetables banana</p>
<p>19</p> <p>fish w/herbed tomatoes cold beet & spinach salad pineapple tidbits cornbread</p>	<p>20</p> <p>pork loin w/gravy roasted red potatoes peas jell-o w/pears whole-wheat bread</p>	<p>21</p> <p>chicken taco salad pinto beans corn & bell peppers tropical fruit flour tortilla</p>	<p>22</p> <p>au gratin taco bake spinach mandarin oranges whole-wheat bread</p>	<p>23</p> <p>cheeseburger macaroni salad capri vegetables grapes chocolate cake</p>
<p>26</p> <p>macaroni & beef mixed vegetables fruit cocktail whole-wheat bread</p>	<p>27</p> <p>broccoli chicken casserole peas pineapple tidbits whole-wheat bread</p>	<p>28</p> <p>Swedish meatballs herbed noodles cauliflower diced peaches</p>	<p>29</p> <p>chicken alfredo fettuccini baby lima beans fresh orange whole-wheat bread</p>	<p>30</p> <p>breaded fish tacos flour tortillas Spanish brown rice Mexican corn fresh pear jell-o</p>

August Senior Cinema



August 8 : Widows

R (for violence, language throughout, and some sexual content/nudity)

The plot follows four [Chicago](#) women who attempt to steal \$5 million from the home of a prominent local politician in order to pay back a crime boss from whom \$2 million was stolen by their husbands before they are killed in a botched getaway attempt. A British-American co-production, the film features an ensemble cast consisting of [Viola Davis](#), [Michelle Rodriguez](#), [Elizabeth Debicki](#), [Cynthia Erivo](#), [Colin Farrell](#), [Brian Tyree Henry](#), and [Liam Neeson](#).



August 14 : A Private War

R (for disturbing violent images, language throughout, and brief sexuality/nudity)

In a world where journalism is under attack, Marie Colvin (Academy Award nominee Rosamund Pike) is one of the most celebrated war correspondents of our time. Colvin is an utterly fearless and rebellious spirit, driven to the frontlines of conflicts across the globe to give voice to the voiceless, while constantly testing the limits between bravery and bravado. After being hit by a grenade in Sri Lanka, she wears a distinctive eye patch and is still as comfortable sipping martinis with London's elite as she is confronting dictators.