

Senior Housing Directory

Courtesy of
James L. Brulte Senior Center

11200 Base Line Road
Rancho Cucamonga, CA
(909) 477-2780
www.RCpark.com
Updated 1/27/2015



Preface

This booklet is designed to provide a quick reference guide for Senior's seeking to upgrade or modify their living arrangements. The following definitions are to clarify the types of housing available to ensure the best choice for you.

Senior Apartments are designed for those who are completely independent and who choose to live in a community with other seniors.

Assisted Living facilities cater to residents who range from the fairly independent to wheelchair-bound or frail/confused individuals. Services provided are as follows laundry services, medications assistance, bathing, dressing, and assistance with activities provided by the facility.

Residential Care Facilities, formerly Board and Care Homes, are residential type homes located in various communities licensed by the State of California for relatively small numbers of residents. In a family setting, these homes cater to those who might be frail or in need of limited assistance. Basic services such as laundry, and meals may be provided.

Nursing / Convalescent Homes and Skilled Nursing Facilities are for individuals that need 24 hour supervision. These facilities offer medical treatment under the supervision of State licensed nurses.

Mobile Home Parks are mixed age mobile home housing

The descriptive information included in this booklet was provided by the facilities listed. Inclusion does not constitute an endorsement by the City of Rancho Cucamonga or its employees.

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Agency Information

Department of Housing and Urban Development (HUD)

HUD Senior Information Website

Maintained by the US Government HUD Office, contains general information about senior housing throughout the United States.

http://portal.hud.gov/hudportal/HUD?src=/topics/information_for_senior_citizens

Housing Authority of San Bernardino County

Central Office

672 S. Waterman Ave

San Bernardino, CA 92408

(909) 890-0644

www.hacsb.com

Housing Authority of San Bernardino County (Section 8)

424 North Lemon

Ontario, CA 91764

(909) 983-1318

www.hacsb.com/section8htm

Once an eligible candidate is approved for the Section 8 Program, they will spend no more than 30% of their income on rent as long as they live in a HUD certified dwelling or a HUD housing complex. There is also a voucher program wherein an individual may choose to live anywhere and, based on guidelines set-up by HUD, will receive the equivalent assistance allowed in the Section 8 Program

An individual can apply only when the Housing Authority is accepting applications (announcements are published in newspapers, etc.). The wait for assistance may be a year or longer. Contact your local HUD office for further information.

**Eligibility Requirements/HUD Income Levels
(Section 8 Only)**

Family Size	Very-Low Income
1 Person	\$33,150
2 Persons	\$37,900
3 Persons	\$42,600
4 Persons	\$47,350
5 Persons	\$51,150
6 Persons	\$54,950
7 Persons	\$58,700
8 Persons	\$62,500

HUD Senior Apartment Complexes

Ontario: The Grove
207 West "H" Street
Ontario, CA 91762
(909) 983-3525

Rialto: South pointe Villa
302 West Merrill Avenue
Rialto, CA 92376
(909) 874-9110

Upland: Sycamore Terrace
1301 San Bernardino Road
Upland, CA 91786
(909) 946-2811

Upland: Coy D. Estes Senior Apts.
260 North 3rd Avenue
Upland, CA 91786
(909) 981-7160

Chino: Old Timers Center of Chino
12855 Oaks Ave.
Chino
909-591-3244

Additional Agencies

California Retirement Registry

1-800-777-7575

The California Retirement Registry is here for assistance in choosing a convalescent, board and care, or retirement home. Licensed by the California Department of Health Services, this service provides, free of charge, information and referrals for housing offering 24-hour emergency care.

Based on an annual inspection and rating, California Retirement Registry can then recommend the most appropriate accommodations as well as finding available vacancies.

Inland Fair Housing Mediation Board

1500 S. Haven Ste. 100

Ontario, CA 91762

(909) 984-2254

Inland Mediation can assist in providing information and mediation in regard to such services as applying for ADA certification, problems with the local transit system, applying for HUD certified housing, shared housing programs and many other housing issues.

California Community Care Licensing Division

<http://www.cclcd.ca.gov/Default.htm>

A service of the California Department of Social Services, the office provides information on current state licensed facilities, applicable laws and regulations. The site also allows individuals to make complaints about facilities and report suspected abuse

of patients. Facility inspection files are available to the public through regional and county offices. Site offers contact information for subordinate offices.

California Quality Care

<http://www.calqualitycare.org/>

A partnership between the University of California, San Francisco and the California Healthcare Foundation, the site provides information about facility features, amenities, and services. Listed facility ratings are based on State and Federal Government reports, and recognized accrediting organizations. Due to the nature of government reporting, ratings may be over a year old.

California Department of Aging

<http://www.aging.ca.gov/>

The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State. The Department administers funds allocated under the federal [Older Americans Act](#) , the [Older Californians Act](#), and through the Medi-Cal program.

Los Angeles County Community and Senior Services

<http://css.lacounty.gov/>

Community and Senior Services (CSS) investigates abuse claims against the senior and disabled population, provides nutrition and other life-enhancing services to seniors. They offer mediation services to avoid court filings.

San Bernardino Department of Aging and Adult Services

<http://hss.sbcounty.gov/daas/>

The Department of Aging and Adult Services (DAAS) is a San Bernardino agency dedicated to helping seniors and at risk individuals to improve or maintain choice, independence and quality of life. The department works to ensure seniors and adults with disabilities have the right to age in place in the least restrictive environment!

Rancho Cucamonga / Alta Loma

Senior Apartments

Fountain Glen at Terra Vista 55+

7980 Mayten Ave.

Phone: (909) 989-8716

Rancho Cucamonga, CA 91730

Number of Total Units: 216

Fountain Glen at Terra Vista is a rental community designed especially for the active lifestyle of adults 55 years of age and better. One and two bedroom / one and two bath floor plans, private balconies, elevator service and central mail and laundry centers, Every apartment home is furnished with gas stove, microwave, dishwasher and refrigerator, central heat and air conditioning and washer/dryer connections. Pets are welcome (restrictions apply). <http://www.fgterravista@greystar.com>

Heritage Park Full Service Independent Living

9601 Lomita Court

Phone: (909) 945-5055

Rancho Cucamonga, CA 91701

Number of Total Units: 232

Independent living includes: Total independence, activities, heated pool and spa. Small pets welcomed. *Approved for Section 8 (H.U.D.)*

Heritage Pointe

8590 Malven Ave.

Phone: (909) 948-7579

Rancho Cucamonga, CA 91730

Number of Total Units: 49

Designated for seniors 55 and older, the complex has an on-site laundry facility, computer lab, resident services and activities, outdoor BBQs, scheduled shopping and

medical transportation days and a resident maintained Rose Garden.

<http://www.liveatheritagepointe.com/>

Monterey Village

10244 Arrow Route

Phone: (909) 980-7235

Rancho Cucamonga, CA 91730

Number of Total Units: 224

One and two bedroom apartments with A/C, balcony/patio, covered parking, wheelchair access, dishwasher, stove, microwave, full size washer/dryer hook-ups, fireplace, pet friendly (cats only), some paid utilities, walk-in closet,, emergency maintenance, storage, fitness center, gated entrance, laundry facility, playground, public transportation, 2 swimming pools, tennis courts and hot tubs/spa.. After school program available. Handicapped units are available.

[ttp://ww.liveatmontereyvillage.com](http://www.liveatmontereyvillage.com)

Mountainside

9181 Foothill Blvd.

Phone: (909) 989-9363

Rancho Cucamonga, CA 91730

Number of Total Units: 384

One and two bedroom apartments with A/C, dishwasher, cable ready, some utilities paid, emergency maintenance, extra storage, garage, gated access, laundry facility, playground, public transportation, swimming pool, hot tub/spa and covering parking.

<http://www.liveatmountainside.com/>

Olen Jones

7125 Amethyst Avenue

Phone: (909) 373-8555

Rancho Cucamonga, CA 91701

Number of Total Units: 95

One and two bedrooms for 55+ independent living and is section 8 approved. Small pets are welcome. Grounds are beautifully landscaped, with a community club house. Washers and dryers in each unit along with refrigerator, stove and garbage disposal.

<http://www.norhtownhousing.com/olenjones.html>

Rancho Verde Village

8837 Grove Ave.

Phone: (909) 981-8121

Rancho Cucamonga, CA 91730

Number of Total Units: 248

Their community plan provide apartments and flats with emergency maintenance, extra storage, garage, gated access, laundry facility, public transportation, play ground, swimming pool, hot tub, covering parking, BBQ-picnic areas, disability access and some pets. <http://www.liveatranchoverdevillage.com>

Rudolph-Hendrickson

6628 Amethyst

Phone: (909) 980-4875

Rancho Cucamonga, CA 91737

Number of Total Units: 168

Active seniors 55 and older welcomed. Includes pool, spa, clubhouse and BBQ areas. Planned activities within complex, including shuffleboard. Elevator and transportation services provided. Small pets are welcome. *Approved for Section 8 (H.U.D.)*

Sycamore Springs

7127 Archibald Ave

Phone: (909) 989-7866

Alta Loma, Ca 91701

Number of Total Units: 240

They provide one and two bedroom apartments with beautiful waterfalls, rocks capes, and waterways through out the grounds. All apartments are furnished with A/C, dishwashers, washers/dryers connections. Water, trash, sewer and gas are paid. Gated community, pool/spa, one and two car garages, patios/balconies, large enclosed backyards, laundry facilities are also available. <http://www.live@sycamoresprings.com>

Valencia Commons Retirement Living

6729 Hermosa Avenue

Phone: (909) 481-5440

Rancho Cucamonga, CA 91701

Independent living, one and two bedroom apartments and are studios available. A resident manager is on site 24 hours a day. Includes free on-site laundry facility, meals and snacks, utilities, weekly housekeeping, activities and transportation. <http://www.valenciacommons.com>

Villa Pacifica Senior Apartments

9609 Base Line Road

Phone: (909) 483-1534

Rancho Cucamonga, CA 91730

Number of Total Units: 158

For seniors 55+, units include one and two bedroom apartments, laundry facilities, recreation and activity room, shopping nearby. Convenient bus service. *Approved for Section 8 (H.U.D.)*. <http://www.jsco.com>

Village on the Green

9400 Fairway View Place

Phone: (909) 476-9400

Rancho Cucamonga, CA 91730

Number of Total Units: 200

Apartment for Active Adults. Six floor plans available, 520 ft. to 1,215 ft. Gated community includes clubhouse and wellness center, golf course view patios, picnic area, walking paths, gardens, and swimming pool. Lower rent and pet friendly. <http://www.villageonthegreenapts.com/>

Sun Set Heights

6230 Haven Ave
Alta Loma, Ca 91737

Phone: (909) 980-3106
Number of Total Units: 117

Beautiful landscaped with a community club house, washer/dryers connections, dishwasher, private balconies, laundry facility, central A/C and heating. Daily scheduled activities, limited transportation provided. <http://www.live@woodhavenmanor.com>

TIP:

The Senior Gateway is a one-stop website intended to provide seniors, their families, and caregivers with the information they need to connect to helpful services and resources, to find answers, and solve problems. Find information on such topics as:

- Avoiding and Reporting Abuse & Neglect
- Preventing Fraud, Financial Abuse & Common Scams
- Health Care Information
- Your Rights
- Other Resources

<http://www.seniors.ca.gov/>

Assisted Living

Sunlit Gardens

9428 19th St.
Alta Loma, CA 91701

Phone: (909) 483-2033
60 beds

Assisted daily living includes: escorting, assistance with dressing, bathing and grooming, assistance with meals and medications, incontinence assistance, beauty salon/barber shop, laundry and housekeeping. Rooms have A/C and heating, and the grounds have secured outdoors/courtyard. Facility is private pay only.
<http://www.sunlitgardens.org>

Sunrise Assisted Living

9519 Baseline Rd.
Rancho Cucamonga, CA 91730
State License Number 366403906.

Phone: (909) 941-3001
Capacity: 59 units

Private or companion suites complete with full bath and a choice of floor plans, Emergency call response system in each suite, Elegant community dining room private dining room for family or guests, 24-hour bistro Wrap-around porch and terrace Sunroom Media, television and living room areas, Beautifully manicured landscaping and gardens, Outdoor areas to walk and relax in, Comfortable quality furnishings and artwork, Fire safety system, Full-service beauty/barber shop (additional fee), All utilities, phone and TV hook-up (monthly phone and TV service not included), Three delicious, well-balanced meals served daily, featuring a variety of menu choices, Snacks available throughout the day, Weekly housekeeping and daily trash removal.

Weekly personal laundry and linens (except dry cleaning), Social, educational, devotional and recreational programs, Scheduled group transportation, Daily afternoon socials, Concierge service, Trained staff available 24 hours a day, Social and educational programs for families, Scheduled resident and family meetings, Monthly wellness visits by a licensed nurse, Personal hygiene and grooming, Showering or bathing, Dressing and clothing selection, Socialization and activities, Medication coordination, Mobility and transferring, Continence management, Monitoring of safety, Assistance with eating. <http://www.sunriseseniorliving.com>

Residential Care Facilities

Alta Loma Board and Care

6368 Moonstone Ave.

Rancho Cucamonga CA 91701

State License Number: **366410686**

Phone: (909) 941-8459

Capacity: 6

Angel Care Home Inc.

7979 Teak Way

Rancho Cucamonga, CA 91730

State License Number: 366911399

Phone: (909) 941-7970

Capacity: 6

Private and semi-private rooms. Personal care service provided. Laundry/ Housekeeping services. Transportation provided. Three meals and snacks daily. <http://www.angelcarehome.com>

Atria Del Rey

8825 Base Line Road

Rancho Cucamonga, CA 91730

State License Number: 366400985

Phone: (909) 989-4346

Capacity: 103

103 living units comprised of private and semi-private studios and suites. All units have either a private patio or balcony. Amenities include a beauty and barber shop, country store, and lounges. Three meals and snacks daily. Happy Hour every Friday, movies every weekend, live entertainment and many other activities. Transportation available. <http://www.seniorliving.com>

Ivy Cottage

6369 Vineyard Ave.

Rancho Cucamonga, Ca 91730

State License Number: 366406646

Phone: (909) 476-7416

Capacity: 6

Call for activities and facility information.

Marsha's Manor

7816 Henbane Street

Rancho Cucamonga, CA 91739

State License Number: **366403137**

Phone: no longer listed

Capacity: 6

Residential Care Facility for the elderly, Marsha's Manor provides its clients with a large comfortable home environment with conveniences designed to assist

TIP:

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services such as:

- Service
- Database
- Outreach Materials
- Contact Information
- Aging Network

<http://eldercare.gov/>

Nursing/Convalescent Homes & Skilled Nursing Facilities

Good Company Senior Care

10013 8th St. Suite Z
Rancho Cucamonga, CA 91730

Phone: (909) 944-5348

Good Company Senior Care provides full-service, private duty home care assistance, and Alzheimer's care. They also provide one-on-one assistance to clients who find themselves in a hospital or other care facility. As a non-medical service, they do not administer medications, but can remind clients to take them. In case of emergency, all staff and caregivers are trained in the most up-to-date CPR techniques, and most of the staff are Certified Nursing Assistants or Medical Assistants. Agency provides services throughout San Bernardino County as well as Los Angeles County.

<http://www.goodcoseniorcare.com/index.html>

Rancho Mesa Care Center

9333 La Mesa Drive
Alta Loma, CA 91701

Phone: (909) 987-2501

Fax: (909) 987-0282

Capacity: 59

State License Number: 240000105

A neighborhood care center fulfilling long and short term needs. They are a full service, licensed, skilled nursing facility providing 24 hour nursing care. They accept Medi-Cal, Medicare and some HMO insurance's. The staff can assist with Med-Cal applications.

Sunrise Assisted Living of Alta Loma

9519 Baseline Rd
Rancho Cucamonga, CA 91730

Phone: (909) 941-3001

TIP:

Many older adults prefer to stay at home as they age. It has the advantage of being a familiar place and you know your neighbors and the community. There is a wide range of home care services that can help you maintain your independence within the comfort of your own home, from in-home help to day care. Staying at home may be a good option if:

- You have a close network of nearby family, friends, and neighbors.
- Transportation is easily accessible, including alternate transportation to driving.
- Your neighborhood is safe.
- Your home can be modified to reflect your changing needs.
- Home and yard maintenance is not overwhelming.
- Your physical and medical needs do not require a high level of care.
- You have a gregarious personality and are willing and able to reach out for social support.

You fall within the geographical confines of an integrated community, such as a “village” or NORC (Naturally Occurring Retirement Community).

Aging in place is a less effective senior housing option once your mobility is limited. Being unable to leave your home frequently and socialize with others can lead to isolation, loneliness, and depression in seniors. So, even if you select to age in place today, it’s important to have a plan for the future when your needs may change and staying at home may no longer be the best option.

HelpGuide.org

Mobile Home Parks

Alta Laguna

10210 Base Line Road
Rancho Cucamonga, CA 91701

Phone: (909) 987-2570

Alta Vista

10350 Base Line Road
Rancho Cucamonga, CA 91701

Phone: (909) 987-5622

Casa Volante

8651 Foothill Boulevard
Rancho Cucamonga, CA 91701

Phone: (909) 982-0616

Chaparral Heights

6880 Archibald Avenue
Rancho Cucamonga, CA 91701

Phone: (909) 987-3830

Foothill Mobile Manner

9340 Foothill Boulevard
Rancho Cucamonga, CA 91701

Phone: (909) 987-1014

Pines

9999 Foothill Boulevard
Rancho Cucamonga, CA 91701

Phone: (909) 987-5417

Ramona Villa

9800 Base Line Road
Rancho Cucamonga, CA 91701

Phone: (909) 987-7358

Sycamore Villa

8389 Baker Avenue
Rancho Cucamonga, CA 91701

Phone: (909) 985-1621

TIP:

Understanding costs

There are a whole range of costs for senior housing, ranging from subsidized senior apartments to nursing homes which can average \$70,000 per year in the U.S. When considering senior housing, the following considerations can factor into cost:

- **Location:** High cost of living or metropolitan areas will normally be more expensive for all levels of housing.
- **Level of care:** In general, the higher the level of care, the more you can expect to pay. Nursing homes are the most expensive, but assisted living facilities can also easily run \$3,000 to \$4,000 a month or more.
- **Insurance coverage:** In the U.S., Medicare, health insurance coverage for seniors, generally does not cover senior housing options other than nursing homes. Medicare also only covers limited stays in nursing homes when skilled nursing care is required. Medicaid, health insurance for limited incomes, may cover some assisted living costs and does provide nursing home coverage. However, facilities are not required to take Medicaid.
- **Long-term care insurance:** You can purchase insurance to offset some of the costs of long-term care. Coverage and provisions can vary, but frequently some in-home help and assisted living facility costs are covered, as well as nursing homes.

Home modification cost and in-home help: A home modification may initially seem expensive, but it can result in savings over time if it allows you to stay at home longer. You can also estimate how much in-home help may cost.

HelpGuide.org

Upland

Senior Apartments

Sycamore Terrace

1301 San Bernardino Ave.
Upland CA, 91786

Phone: (909) 946-2811

For Seniors 62+, disabled access. Small pets are okay, rent not to exceed 30% of income

Upland Manor/ Christian Senior Living

1125 W. Arrow Hwy.
Upland CA, 91786

Phone: (909) 985-1215
48 Total Units

Transportation to store and church, patios, housekeeping as requested and scheduled activities.

TIP:

Senior centers serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

Research shows that older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being.

- National Council on Aging

Assisted Living

Christian Heritage Gardens

1260 E. Arrow Highway
Upland, CA 91786

Phone: (909) 946-5757
State License Number: 366403460

Assisted living and Alzheimer's care in a secured facility with delayed egress alert system. Care is provided 24 hours a day by specially trained certified dementia caregivers. Christian environment ministering to the "whole" person to include their social, mental, physical and spiritual needs. Private and semi-private apartments available. Three meals and snacks served daily. Housekeeping and linens provided. Beauty shop on premises.

Heritage Park and Skill Nursing

275 Garnet Way, Bldg. A
Upland, CA 91786

Phone: (909) 949-4887
Capacity: 70

State License Number: 360902090

Sponsored by Churches of Christ. Offers two levels of care: skilled nursing and retirement center. Central dining/planned activities. Beauty shop on site. Transportation available. LVN on duty. Three meals daily. SSI, Medicare and Medical accepted.

Villa Mesa Care Center

867 East 11th Street
Upland, CA 91786

Phone: (909) 981-6888
State License Number: 360910515

Rates vary based on private or semi-private occupancy. Attendants on duty 24 hours a day. SSI accepted. Personal care services provided (i.e., bathing and medication dispensation). Three meals and snacks served daily. There are planned activities. We provide transportation for a minimum fee. No smoking, or pets.

Oakmont of San Antonio Heights

2419 N. Euclid

Phone: (909) 614-4135

Upland, CA 91784

Oakmont of San Antonio Heights is a lovely retirement community situated on a lush campus with lovely views, industry renowned dining, and endless on-site amenities. We are also very close to shopping, fine dining, the arts, and world-class entertainment. <http://oakmontofsanantonioheights.com/>

Nursing/Convalescent Homes & Skilled Nursing Facilities

Villa Mesa Care Center

867 East 11th

Phone: (909) 909-981-6888

Upland, CA 91786

Capacity: 99

State License Number: 240000203

RNs, LVNs on duty 24 hours. Physicians on call. Medi-Care and Medi-Cal accepted. Therapists available.

Upland Convalescent Hospital

1221 East Arrow Highway

Phone: (909) 985-1903

Upland, CA 91786

Capacity: 206

State License Number: 240000215

Medi-Care and Medi-Cal accepted. State licensed with nurses and LVNs on duty 24 hours. Medi-Cal Director on call. Planned activities. Therapist available

Mobile Home Parks

Mountain View Estates

1320 San Bernardino Rd. Phone: (909) 946-4388
Upland, CA 91786

Oasis Mobile Home Estates

1565 W Arrow Hwy. Phone: (909) 982-1066
Upland, CA 91786

Upland Cascade Mobile Home Park

1350 San Bernardino Rd. Phone: (909) 985-9711
Upland, CA 91786

Upland View Terrace Mobile Home Estates

1515 Arrow Hwy. Phone: (909) 985-3316
Upland, CA 91786

Upland Meadows Mobile Home Estates

929 E Foothill Blvd. Phone: (909) 982-8382
Upland, CA 91786

Ontario

Senior Apartments

Inland Christian Home

1950 South Mountain Avenue
Ontario, CA 91762

Phone: (909) 983-0084
Number of Total Units: 44

There are three care levels within the Inland Christian Home. The facility includes 44 cottages, 34 rooms for assistant living and 50 1-2 bed rooms, 1-2 bath with stove, frig and washer/dryer in each apartment. The facility is also licensed for skilled nursing and Alzheimer's clientele.

<http://www.ich.org>

Mountain View Senior Apts/55yrs

511 N. Palmetto Ave
Ontario Ca, 91762

Phone: (909) 984-7771

Low income. 1-2 bed/1 bath stove, frig, clubhouse, pool, Jacuzzi, activity coordinator

<http://www.conammanagement.com>

Ontario Senior Housing/62yrs+

1433 East D Street
Ontario Ca, 91764

Phone: (909) 984-6400

30% of income is okay. Small pets okay.

Cedar Villa Apartments

301 East Cedar
Ontario, CA 91761

Phone: (909) 984-5000
Number of Total Units: 136

Independent living for 55+, 1-2 bed, 1 bath and close to shopping centers. Activities include monthly holiday parties, card games, birthday celebrations and exercise classes. The beautiful grounds include a Clubhouse. Approved for Section 8 (H.U.D.)

Cinnamon Ridge Senior Apartments

1051 East 4th Street
Ontario, CA 91764

Phone: (909) 983-5541
Number of Total Units: 101

Equipped for the handicapped. Planned activities include ice cream socials and pot-lucks. Deposit required. *Approved for Section 8 (H.U.D.)*

Seasons at Ontario Plaza/55yrs+

955 N. Palmetto Ave
Ontario CA, 91763

Phone: (909) 983-3308

Approved for Section 8 (H.U.D.) Small pets okay
<http://www.seasons@ontario.com>

Villa Plaza Senior Apartments

1155 West 4th Street
Ontario, CA 91762

Phone: (909) 984-6911
Number of Total Units: 66

For seniors 55 and up, one-bedroom apartments only. Laundry facilities, recreation and activity room, shopping nearby. Convenient bus service as well as some covered parking. Planned activities include potlucks and holiday dinners.

Approved for Section 8 (H.U.D.)

Woodside Senior Apartments

302 & 408 West "G" Street
Ontario, CA 91762

Phone: (909) 391-4141
Number of Units: 60 & 84

Includes clubhouse, pool and spa, laundry facilities and landscape grounds. Each apartment has either a balcony or patio. Stoves, refrigerators and dishwashers included. Near-by shopping, banking and dining. Planned activities including dinners, trips and bingo.

<http://www.woodsidesenior@greystar.com>

Woodside II / 55yrs+

302 West G Street
Ontario CA, 91762

Phone: (909) 391-4141

1-2 bedroom 1 bath, stove, dishwasher, and refrigerator in room. Laundry facilities on site. Small pets okay. *Approved for Section 8 (H.U.D.)*

<http://www.woodsidesenior@greystar.com>

Woodside III /55yrs+

408 West G Street
Ontario CA, 91762

Phone: (909) 391-4141
Small pet okay

1-2 bedroom 1 bath, stove, dishwasher, and refrigerator in room. Laundry facilities on site. *Approved for Section 8 (H.U.D.)* <http://www.woodsidesenior@greystar.com>

Assisted Living

Emeritus At Victorian Court

1031 North Euclid Ave. Phone: (909) 391-2622

Ontario, CA 91762 Capacity: 97

State License Number: 366402583

Private rooms and suites are available, caregivers on duty 24 hours, housekeeping and personal care services provided. Facility provides three meals daily with choice of menu. There are weekly field trips and planned activities, transportation provided five days a week. Wellness and nurse coordinators are available, and a medication technician is on staff. Laundry services provided.

<http://www.Emeritus.com>

Inland Christian Home

1950 South Mountain Ave. Phone: (909) 983-0084

Ontario, CA 91762 Capacity: 34

State License Number: 360902944

The facility is licensed for 59 skilled nursing beds, 18 Alzheimer's/dementia beds and 86 independent living rooms. There are three care levels within the Inland Christian Home. At the Board and Care level each room is private. There are three meals a day provided and planned activities within the group home. There is 24 hour nursing supervision and housekeeping is provided.

<http://www.lce.org>

Residential Care Facilities

Bestcare Guest Home

817 South Oaks Avenue

Phone: (909) 984-8612

Ontario, CA 91762

Capacity: 14

State License Number: 366403005

SSI eligible, rooms are private and semi-private. Three meals a day plus snacks are provided. Some transportation available. Planned activities. Medication, laundry & transportation available.

Corona Luxury Board & Care for the Elderly

659 Magnolia Avenue

Phone: (909) 228-5228

Ontario, CA 91762

Capacity: 6

SSI, Medicare and Medical accepted. Simi-private and private rooms available, some transportation provided and planned activities. Three meals and snacks provided daily as well as laundry and housekeeping.

<http://www.coronaluxuryboardandcare.com/>

Emeritus At Victorian Court

1031 North Euclid Avenue

Phone: (909) 391-2622

Ontario, CA 91762

Capacity: 90

Simi-private and private rooms. Three meals a day plus snacks are provided. Some transportation available.

Pleasant Board and Care

1559 So. Pleasant Ave.
Ontario, CA 91761

Phone: (909) 984-8594
Capacity: 6

Residential Care offering private and Simi-private rooms Medicare and Medical accepted. Three meals a day and snacks provided. Planned activities and assistance with medication provided. Laundry and transportation available.

Mobile Home Parks

Action Mobile Homes

1511 W Holt Blvd
Ontario, CA 91762

Phone: (909) 986-2555

Webb's Mobile Home Park

637 Brooks St.
Ontario, CA 91762

Phone: (909) 983-6502

Nursing/Convalescent Homes & Skilled Nursing Facilities

Country Villa Bella Vista Convalescent Hospital

933 East Deodar

Phone: (909) 985-2731

Ontario, CA 91764

Capacity: 59

State License Number: 240000113

Full nursing facility; doctor on staff. Therapy available. Medi-Care and Medi-Cal are accepted. Planned activities.

Inland Christian Home

1950 South Mountain

Phone: (909) 983-0084

Ontario, CA 91762

Capacity: 59

State License Number: 240000016

Inland Christian Home is a non-profit facility providing skilled nursing care, planned activities, and therapy programs. Medicare, Medical and HMO's accepted.

Ontario Health Care Center

1661 South Euclid

Phone: (909) 984-6713

Ontario, CA 91761

Capacity: 59

State License Number: 240000181

Medicare and Medical accepted. Private insurances are also accepted. Nurses and LVNs on duty and a physician on call. Private and semi-private rooms available. Planned activities include bingo, sing-a-longs and exercise class. Church services of various denominations available. <http://www.ontariohealthcare.com>

Plott Nursing Home

800 East 5th Street

Ontario, CA 91764

State License Number: 240000187

Phone: (909) 984-8629

Capacity: 216

RNs, LVNs and CNAs on duty. Various full service therapies available. Medicare, Medical and private insurances also accepted. Will also accept patients while qualifying for Medical. Care available for Alzheimer's, Dementia patients and the "Wandering Resident". Planned activities. Double and triple occupancy per room.

TIP:

Benefits Checkup is free service of the National Council on Aging (NCOA), a nonprofit service and advocacy organization in Washington, DC.

Many adults over 55 need help paying for prescription drugs, health care, utilities, and other basic needs. There are over 2,000 federal, state and private benefits programs available to help. But many people don't know these programs exist or how they can apply.

Benefits Checkup asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions, you will get a report created just for you that describes the programs you may get help from. You can apply for many of the programs online or you can print an application form. Here are the types of expenses you may get help with:

Medications

Food

Utilities

Legal

Health care

Housing

In-home services

Taxes

Transportation

Employment Training

<http://www.benefitscheckup.org/>

Montclair

Senior Apartments

Montclair Senior Community

5205 San Bernardino St.
Montclair, CA 91763

Phone: (909) 621-5866
Number of Total Units: 144

Clubhouse and pool. Transportation provided for shopping every other Monday.
Pets welcome Approved for Section 8 (H.U.D.)

HPMontclair.com

Robert O. Townsend/62yrs+

9190 Monte Vista Ave.
Montclair Ca, 91763

Phone: (909) 626-3700

30% of income/Small pets okay

San Marino Apartments 62+

10355 Mills Ave
Montclair, Ca 91763

Phone (909) 399-9540

1 bed 1 bath Computer center, community center, stove, refrigerator, parking
H.U.D. <http://www.prospectportal.com>

Assisted Living

Briarwood Manor

9656 Exeter Avenue
Montclair, CA 91763

Phone: (909) 624-5041

Planned activities as well as 24-hour emergency service. Three meals provided daily. There is an elevator service and laundry facilities. Utilities are paid and transportation is provided. The individual apartments are unfurnished and have small kitchenettes. Linens are provided and there is a housekeeping service. No nursing personnel on staff. Pet friendly. *Approved for Section 8 (H.U.D.)*

Montclair Royale

9685 Monte Vista Ave.
Montclair, CA 91763

Phone: (909) 621-3545

Capacity: 232

State License Number: 360911114

Attendants on duty 24 hours. Three meals daily plus snack bar. Laundry and housekeeping provided. Personal care service. Some local transportation provided. Privates, studios and shared rooms available at private rate, and pets welcomed. There are planned activities including outings and morning walks.

Montclair Guest Home Board & Care

4515 Orchard Street
Montclair, CA 91763

Phone: (909) 624-5575

Capacity: 78

State License Number: 360909015

Planned activities, laundry and housekeeping. Rooms offered are private or semi-private. SSI accepted. 24-hour staff on duty. Three meals served daily.

Nursing/Convalescent Homes & Skilled Nursing Facilities

Community Extended Care Hospital of Montclair

9620 Fremont Avenue

Montclair, CA 91763

State License Number: 240000243

Phone: (909) 621-4751

Capacity: 140

Medi-Cal Director on staff. Medi-Care and Medi-Cal accepted. Planned activities. Therapist and I.V. therapy program provided. Semi-private and three to a room also available.

Montclair Manor Convalescent Hospital

5119 Bandera

Montclair, CA 91763

State License Number: 240000175

Phone: 909-626-1294 Fax: (909) 626-4005

Capacity: 58

RNs, LVNs and CNAs on duty. Physician on call. Rooms are semi-private. State licensed. Medi-Care and Medi-Cal accepted. Planned activities.

Mobile Home Parks

Hacienda Mobile Home Park

4361 Mission Blvd.
Montclair, CA 91763

Phone: (909) 627-0095

Monterey Manor Mobile Home Park

11250 Ramona Ave
Montclair, CA 91763

Phone: (909) 628-7616

Northern Lights Mobile Homes & Recreation Vehicle Park

4300 Holt Blvd.
Montclair, CA 91763

Phone: (909) 624-8849

TIP:

Some chronic conditions like Parkinson's, Alzheimer's, emphysema, diabetes, obesity, heart disease, Lou Gehrig's disease, Multiple Sclerosis, and others might add to the likelihood that you may need assistance with daily activities during your lifetime. Living and aging with a disability may also contribute to your need for assistance.

Not everyone will need long-term care. Each person is different and each person manages his/her life decisions, including health and wellness, in a unique way. You can make wise decisions by learning more about your health. You can search for medical literature about chronic conditions on the Internet. You can also read about how others manage disabilities on the Internet. New treatments and new assistive devices are developed each year to help people stay well and independent. Staying healthy and connected to your family and community can help you give and receive care in a way that is meaningful throughout your lifetime.

Regardless, it is smart to create a [personal long-term care plan](#) to make things much easier should the time come when you need long-term care services and supports.

CalCareNet.ca.gov

Chino

Senior Apartments

Oakmont Senior Living

14837 Peyton Drive
Chino Hills, CA 91709

Phone: (909) 606-3010
Number of Total Units: 118

Apartments for independent living, also provide assisted living and memory care. Community amenities include elegant dining, scheduled transportation, housekeeping, laundry service, group and individual activities, hair salon, library, ballroom, swimming pool, fitness center, and Community Theater.

<http://www.oakmontseniorliving.com>

<http://www.brookdale.com>

Seasons Senior Villas at the Civic Center 55 yrs.+

13160 6th Street
Chino Ca, 91710

Phone: (909) 464-9020
Fax: (909) 364-0032

Approved for Section 8 (H.U.D.) Small pets okay

Villa Serena

11401 Central Ave.
Chino, CA 91710

Phone: (909) 591-7559
Number of Units: 186

Villa Serena is part of the Heritage Park chain and provides independent living for seniors 55 and over. 1 and 2 bedrooms with 1 bath. Units comes with gas stove, refrigerator, central a/c. Laundry facilities on site. The facility has a pool and 3 spas, and a fitness room. Planned activities include: bingo, Bunco, and potlucks. There are 2 shuffleboard courts on the grounds. Transportation is available.

<http://www.villaserenaseniorapartments.com>

Assisted Living

Clover Court Gardens

6198 Clover Court
Chino, CA 91710

Phone: (909) 590-7497

Six bed Residential care for the elderly. Staff provides assistance with daily activities, bathing, dressing and medical reminders, living spaces, engaging social activities, personalized assistance and care and we make arrangements for non-emergency travel as necessary, Three, delicious, well-balanced meals served daily featuring a variety of menu choices, Snacks available throughout the day.

Gardens of Hillsborough Village

11902 Central Avenue
Chino, CA 91710

Phone: (909) 548-2100

Number of Total Units: 196

This facility provides assisted living 60 and over. Full range care. Planned activities in the clubhouse with a wide screen T.V. Meals. Housekeeping, laundry, free parking, transportation, 24 hour nursing. All utilities included except phone.

Pacifica

11918 Central Avenue
Chino, CA 91710

Phone: (909) 548-2100

Capacity: 146

State License Number: 366403332

Planned daily activities which encourage and promote the socialization, independence and dignity of each resident. One all-inclusive monthly fee includes three nutritious meals per day plus snacks and weekly housekeeping. Transportation available, LVN on duty.

Residential Care Facilities

G C Board & Care Home

5913 Portsmouth St.
Chino, CA 91710

Phone: (909) 984-8597
Capacity: 6

Villa Joy Inn-Board & Care For Elderly

3867 Durango St.
Chino, CA 91710

Phone: (909) 591-0174
Capacity: 6

3j's Board and Care Home

12778 Witherspoon Rd.
Chino, CA 91710

Phone: (909) 902-9750
Capacity: 6

Nursing/Convalescent Homes & Skilled Nursing Facilities

Villa Maria Care Home

13284 Cypress Ave
Chino, CA 91710

Phone: (909) 465-0141

Jace Guest Home

11393 Yorba Ave
Chino, CA 91710

Phone: (909) 628-8640

Mobile Home Parks

Lamplighter Chino Mobile Home Park

4400 Philadelphia St.
Chino, CA 91710

Phone: (909) 627-3514

TIP:

2-1-1 call centers are non profit organizations specializing in providing free public information. Most 2-1-1 lines provide:

A 24/7 Call Center

A comprehensive database of free and low cost health and human services available

A free and confidential phone call

Staffed by professional, trained, caring people who give information & referrals to appropriate resources

The 2-1-1 concept is the result of the evolution of public information thinking and the innovative marriage of technical and people power. The first experimental 2-1-1 number began operating in Atlanta, Georgia in 1997. In the year 2000, the FCC (Federal Communications Commission) finalized all of the N11's. 2-1-1 was set aside for health and human services information and referrals.

Nationwide, more than 85% of the US population has 2-1-1 available. That number is over 93% in California. San Bernardino County has 100% coverage with the singular exception of Metro Wireless, which has chosen not to pass 2-1-1 calls anywhere.

San Bernardino County - <http://www.211sb.org/>

Los Angeles County - <http://www.211lacounty.org/>

Riverside County - <http://www.connectriverside.org/programs-and-services/211-riverside-county/>

Fontana

Senior Apartments

Village at Sierra Senior Apt/55yrs +

8684 Sierra Ave.
Fontana Ca, 92335

Phone: (909) 350-2188

1 bedroom, 1 bath. Units include electric stove and refrigerator. Utilities included except for electric. Tax credit available, and Section 8 approved. Community potlucks, gym and pool available.

<http://www.villageatsierrasenior.com>

Redwood Terrace / 62yrs+

8181 Redwood Ave.
Fontana Ca, 92335

Phone: (909) 428-4100

1-2 bedroom 1 bath stove, refrigerator. Clubhouse with activities. 30% of income, small pets welcomed

<http://www.beacopm.com>

Nuevo Street Senior Studios/60yrs+

8361 Nuevo Street
Fontana Ca, 92335

Phone: (909) 829-0384

All utilities paid, laundry facility available. Low income

<http://www.oldtimersfoundation.com>

Dino Papavero Senior Centre

16707 Marygold Ave.
Fontana, CA 92335

Phone: (909) 350-0575
Number of Units: 150, 8 Story

Section 8 approved facility for 62+ and disabled. Includes planned activities, movies and events.

Sunrise Senior Citizen Villa

7222 Sierra Ave.
Fontana, CA 92336

Phone: (909) 355-8522

Section 8 approved facility for 62+ seniors. Pets are welcome. Stove and refrigerator provided. Studio and 1 bed room options, 80 units. Patio area and BBQ on grounds

Gardens at Sierra

16838 Ceres Ave.
Fontana, CA 92335

Phone: (909) 854-7400
Number of Units: 75 1BD, 18 2BD

1-2 bed Pedestrian-friendly, close to services, and near public transportation. Laundry facilities, shuffleboard, full-sized Fitness Center, Indoor and Outdoor Community Lounges, sparkling pool and spa, large BBQ deck with picnic seating, spacious Community Room on site. As well as planned activities, events and seminars.
<http://www.gardensatsierra@nationcore.org>

The Fountains at Sierra 55+

16946 Ceres Ave.
Fontana, CA 92335

Phone: (909) 854-8783
Number of Units: 93

One and two bedroom Apartment Homes to Seniors, Outdoor & Indoor Community Lounges, Courtyard, Pool & Spa Areas, Billiards, 3 Laundry Facilities, Community Room, BBQ Deck with Picnic Seating, Full Size Fitness Center, Media Room, Cozy 1 and 2 Bedroom Homes, Central Heating and Air Conditioning, Ceiling Fans, Private Patios/Balconies in Selected Units, Energy-Efficient Refrigerators, Stove Ranges, and Dishwashers

Assisted Living

Marsha's Manor #2

14572 Nevada Court
Fontana, CA 92336

Phone: no listing
Capacity: 6

Residential Care Facility for the elderly Marsha's Manor provides its clients with a large comfortable home environment with conveniences designed to assist independence and individuality

Citrus Villa Retirement Care

9448 Citrus Avenue
Fontana, CA 92335

Phone: (909) 823-0631
Capacity: 100

State License Number: 360910569

Private and semi-private rooms available. Attendants on duty 24 hours a day. Three meals a day. Van transportation available as well as planned activities and a beauty salon on the premises. No pets.

Mountain View Board & Care

9073 Olive St.
Fontana, CA 92335

Phone: (909) 822-5174

Fontana Gardens

8502 Calabash Ave.
Fontana, CA 92335

Phone: (909) 355-4500

Gardens at Sierra

16838 Ceres Ave.
Fontana, CA 92335

Phone: (909) 854-7400

Number of Units: 75 1BD, 18 2BD

Pedestrian-friendly, close to services, and near public transportation, a Media Center, shuffleboard, full-sized Fitness Center, Indoor and Outdoor Community Lounges, sparkling pool and spa, large BBQ deck with picnic seating, spacious Community Room, planned activities, events, seminar

Comfort Home

7101 Verdugo Place
Fontana, Ca 92336

Phone: (909) 349-0998

Capacity: 6 beds

State License number: 366424587

A licensed Dementia and Hospice care facility with accessible medical support. We provide care and personalized service to seniors who need assistance with daily living. www.comforthomercfe.com

Nursing/Convalescent Homes & Skilled Nursing Facilities

Citrus Nursing Center

9440 Citrus Avenue

Fontana, CA 92335

State License Number: 240000127

Phone: (909) 823-3481

Capacity: 99

Private and semi-private rooms available. Transportation available. Medi-Care/Medi-Cal accepted as well as some private insurance. Attendants on duty 24 hours.

<http://www.citrusnursing.com>

Mobile Home Parks

Aloha Mobile Home Park

8239 Cottonwood Ave.

Fontana, CA 92337

Phone: (909) 829-8027

Fontana Mobile Home Park

15798 Slover Ave.

Fontana, CA 92337

Phone: (909) 823-5928

Sierra Mobile Estates

17333 Valley Blvd.

Fontana, CA 92337

Phone: (909) 823-0988

TIP:

Respite Care

Some nursing homes and hospice care facilities may provide respite care. Respite care is a very short inpatient stay given to a hospice patient so that the usual caregiver can rest. Medicare covers respite care for up to five days if you are getting covered hospice care. Room and board are covered for inpatient respite care and during short-term hospital stays.

Get more information about Medicare coverage of hospice care and who qualifies in booklet **Medicare Hospice Benefits**. To get a free copy call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

MediCare.Gov

Claremont / La Verne

Assisted Living

Claremont Place Senior Living

120 W San Jose Ave.
Claremont, CA 91711

Phone: (909) 962-8491
Capacity: 98

Assistant living-provided apartments, Semi-private and private rooms, Private pay only. Provides meals, plan activities, bus service, laundry and housekeeping.
<http://www.claremontplace.com/>

Claremont Manor Retirement Home

650 West Harrison Avenue
Claremont, CA 91711
State License Number: 191505092

Phone: (909) 626-1227
Capacity: 278

There are three levels of care at Claremont Manor. For the more active senior, independent living is stressed. Transportation is provided and there are planned activities. Housekeeping and linens are supplied. Utilities are paid except for the telephone. Three meals a day are furnished. There is emergency nursing available.
<http://www.claremontmanor.org/>

Oak Park Manor

501 South College Ave.
Claremont, CA 91711
State License Number: 191597737

Phone: (909) 626-0117
Capacity: 46

Residential care facility offering semi-private and private rooms. Personal care services provided. Some transportation available. Three meals and snacks as well as laundry and housekeeping provided. Medi-Cal accepted, no pets.

Sunrise Assisted Living

2053 North Towne Ave.

Phone: (909) 398-4688

Claremont, CA 91711

Capacity: 64

<http://www.sunriseseniorliving.com>

Hillcrest

2705 Mountain View Drive

Phone: (909) 392-4375

State License Number: 191501662

Offers four levels of care plus a 78-bed Convalescent Hospital. Planned activities as well as 24-hour emergency service and nursing care if needed. Depending on the living space chosen, dining, housekeeping and linen services are provided. Transportation is also available.

<http://www.livingathillcrest.org/>

Residential Care Facilities

Claremont Manor Retirement Home

650 West Harrison Avenue

Claremont, CA 91711

State License Number: 191505092

Phone: (909) 626-1227

Capacity: 25

"The Lodge" represents the middle care level within Claremont Manor. There is a 24-hour staff and personal care is provided. Meals and snacks served. Housekeeping provided.

Mountain View Guest Home

715 Base Line Road

Claremont, CA 91711

State License Number: 197801605

Phone: (909) 625-2557

or (909) 626-6633

Capacity: 6

Specializing in Alzheimer's patients and Dementia patients. Each room is semi-private with intermediate care provided. This facility is able to handle non-ambulatory patients as well as incontinence. Laundry and housekeeping provided as well as planned activities. <http://www.mvcenters.com>

Nursing/Convalescent Homes & Skilled Nursing Facilities

Claremont Manor Health Care Center

650 West Harrison Avenue

Phone: (909) 626-3490

Claremont, CA 91711

Capacity: 59

State License Number: 950000024

The third level of care provided at Claremont Manor is a skilled nursing facility.

Claremont Sheltered Care Center

650 S. Indian Hill Blvd.

Phone: (909) 626-3581

Claremont, CA 91711

Assisted living/Alzheimer facility that provides personal care, usual meals, housekeeping, laundry services, scheduled transportation, group activities and field trips.

TIP:

Advance Directives

An advance directive (AD) allows a patient to communicate health care preferences in the event that he or she is no longer able to make these decisions. Many view advance care planning (ACP) as a way to help ensure that wishes about end-of-life care are honored. The process includes discussing values and goals of care among the patient, family, and physician, and determining or executing treatment directives. Ideally, ADs are part of the ACP process. Twenty years ago, Congress passed the Patient Self-Determination Act (PSDA) requiring most health care facilities to inform adult patients about their rights to execute an AD. Research indicates that the preference for having an AD can be influenced by individual attitudes, cultural beliefs, health conditions, and trust in health care professionals. Centers for Disease Control