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NEWS RELEASE

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Rancho Cucamonga Mayor Speaks at White House as First Lady Michelle Obama Celebrates Let's Move! Cities, Towns and Counties

FOR IMMEDIATE RELEASE

September 16, 2015

Rancho Cucamonga, California – Mayor L. Dennis Michael and City staff members Erika Lewis-Huntley and Michael Parmer, joined First Lady Michelle Obama and representatives from the National League of Cities (NLC) as well as several federal agencies at the White House today for a celebratory event honoring the achievements made by local elected officials participating in the [Let's Move! Cities, Towns and Counties \(LMCTC\)](#) initiative. (Watch the event live starting at 12:55 PM EST (9:55 AM PST) via livestream at www.whitehouse.gov/live)

Rancho Cucamonga is part of a growing national movement to build healthier communities and ensure that the health and well-being of young people today and that of future generations is a priority. Mayor Michael was invited to speak at the White House event, highlighting the LMCTC work Rancho Cucamonga has accomplished to engage the community in its health improvement efforts. Healthy RC, the City's award-winning health initiative, has been recognized nationally for its strategies and commitment to improving access to healthy, affordable food and increasing opportunities for physical activity.

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In July, 2015, the City of Rancho Cucamonga was recognized as the “Most Innovative City” for its work on improving the health of the community by First Lady Michelle Obama and the NLC’s *Let’s Move! Cities, Towns, and Counties* initiative and has earned gold medals in all [five goal](#) areas.

“The City of Rancho Cucamonga is encouraging healthy lifestyles and a healthy community by addressing the environmental influences that contribute to childhood obesity,” said Mayor Michael. “Meaningful engagement is the heart and soul of Healthy RC, and without the thousands of hours of hard work, creative ideas, valuable expertise, and thoughtful guidance contributed by our partners, Healthy RC would not have the impact that it has today. Rancho Cucamonga is grateful for the support of the National League of Cities and I am honored to serve as a resource to improve health conditions locally and nationally. We are pleased to join the First Lady Michelle Obama today to share about Rancho Cucamonga and Healthy RC and to celebrate the accomplishments of the *Let’s Move! Cities, Towns, and Counties* initiative.”

At today’s event, the First Lady also recognized the 52 communities, including Rancho Cucamonga, that have achieved gold medals in each of the five goal areas, which include providing healthy school meals, opportunities for physical activity during and outside of school, and healthier early care and education programs.

NLC works in partnership with Let’s Move! and HHS, with support from USDA, the National Association of Counties and other nonprofit organizations, to provide assistance to local elected officials as they implement policy and program changes to improve access to healthy, affordable food and provide opportunities for physical activity for all children. The Robert Wood Johnson Foundation provides generous support to NLC to provide technical assistance to local elected officials working to create healthier communities and prevent childhood obesity, including those participating in LMCTC.

Healthy RC has been a successful City-community partnership since 2008, receiving national recognition for their work to improve community health. The program is known for its leadership, innovation, and best practices. Healthy RC has taken a comprehensive approach to creating healthy minds, bodies, and a clean sustainable earth. From policies that make the healthy choice the easy choice, to programs that provide knowledge and skills for a healthy lifestyle, Healthy RC is empowering our community to be the healthiest it can be.

For More Information – about the City of Rancho Cucamonga visit www.CityofRC.us, Healthy RC www.HealthyRC.com, and to see the achievements by LMCTC communities visit www.healthycommunitieshealthyfuture.org/spotlights/.

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